



DPT Charity

Annual Report 2021/22

Supporting you to live well

Our vision

- A society where investing charitably in mental health and learning disability services is embraced
- Enabling your NHS to exceed expectations every day
- To give hope and support
- Inspire hope for the future

Our mission

- Make a difference to the people we care for and provide a platform which encourages recovery, wellbeing and draws closer links to the community
- Provide funding above and beyond that which the NHS is able to fund
- Discover new opportunities for the Trust
- Support staff and patient wellbeing.

You can view a copy of our Special Charity Annual Report 2021/22 at www.dpt.nhs.uk
If you would like a hard copy, please call **01392 208 700**.

Contents

Welcome	4
Your donations and fundraising have helped many people this year.....	5
About our charity.....	9
Fundraising	11
Celebrating our fundraisers.....	11
Other sources of fundraising	13
Charity Lottery	13
Grants	13
NHS Charities Together	14
Legacies.....	15
Next steps for the DPT Charity	15
Finance Report.....	17
Income for the year ended 31 March 2022	18
Charity Fund Balances.....	19
Structure, Governance and Management of the Charitable Funds.....	20
Corporate Trustee	21
Charitable Funds Committee.....	21
Relationships with Related Parties/External bodies	22
Trustee Induction and Training	22
Investment Policy and Performance	23
Reserves Policy	23
Grant Making Policy.....	23
Risk Management Policy	23

Welcome from Tanya Barron, Chair of the Charitable Funds Committee

Welcome to our annual report for 2021/22. This is a celebration of how your fundraising and generous donations have improved the lives of so many people with mental health and learning disability needs and the staff who support them. Thank you for your continuing commitment to our charity.

During the past year, the COVID-19 pandemic continued to impact on the mental health of the people of Devon and those we already support needed even more assistance.

We were thankful that fundraising events were once again able to take place, however, with continuing fears around COVID-19 these were less well supported than we have seen in previous years.

Personally, I am particularly proud of how we have adapted our fundraising efforts to take into account these unprecedented times. We have focussed on new opportunities for raising money and new ways of supporting people in an impactful and meaningful way.

Using grants from NHS Charities Together and money generously donated by you, we have had the privilege to be able to purchase unique therapies, improve our hospital environments, both inside and out, initiate physical health programmes and support the health and wellbeing of staff and patients.

Thank you, once again for your generosity. Your donations made this work possible and your future donations are the key to our continued success. As we continue to recover from the pandemic in this coming year, we will be reviewing our plans and our strategy and identifying opportunities to grow our charitable aims. In my first report as Chair of the Charitable Funds Committee, I would like take this opportunity to thank everyone who has donated gifts or money this year to support our staff and patients.

Tanya Barron

Chair of the Charitable Funds Committee

Non-Executive Director of Devon Partnership NHS Trust

Tanya has senior experience in many fields, notably the care, disability and international development sectors. She is a former Chief Executive of Home-Start International and Plan International UK, and was International Director of Leonard Cheshire Disability. Tanya was Chair of the UNICEF NGO Committee in Geneva for seven years and her current non-executive roles include Hertfordshire Partnership University NHS Foundation Trust, the Education Development Trust and the Chair of Affinity Trust.

Your donations and fundraising have helped many people this year

Artwork in Torbay; Salus, Beech and Haytor Wards

The charity provided funding for the commissioning of new artworks for the Salus, Beech and Haytor, our inpatient wards at Torbay Hospital. With the help of acclaimed artists sourced by Hospital Rooms, an arts and mental health charity, clinical, austere hospital rooms are being transformed into spaces that are calming, welcoming and inspire recovery.

“*Art on inpatient wards provides space for conversation, debate, reflection, hope and inspiration – for staff as well as for patients*”

Dr Jo Black
Consultant Psychiatrist



- **Salus Ward** is a new mental health ward for Torbay due to open for admissions in summer 2022.
- **Haytor Ward** provides assessment and treatment for adults with mental health needs.
- **Beech Unit** provides assessment and treatment for older people with mental health needs.

Doulas

We provided funding for one of our mums-to-be to have the support of a doula. Doulas provide physical and emotional support during pregnancy, childbirth and the postpartum period.

The Senior Mental Health Practitioner looking after the mum said: “The mum in this case had very little family or social support and the doula was absolutely vital in helping her through what was a terribly traumatic experience. Tragically, the baby died at only 38 weeks gestation so the doula provided support through the stillbirth, helping make the funeral arrangements, and attending the post mortem.”

This mum can

‘This mum can’ was a small 12-week pilot programme that took place in the summer of 2021. The aim of the pilot was to create a support network and help embed a healthy active lifestyle among women diagnosed with a perinatal mental illness. Women with a raised BMI (Body Mass Index) can face complications in pregnancy and problematic births.

All the participants who completed the programme, which gave them access to a dietician and a personal trainer, reported improved mental and physical health. The programme was funded jointly by Active Devon and our charity’s Little Something Fund.

**Perinatal refers to the period from the start of pregnancy to approximately one year after giving birth.*



E-bikes for community visits

We provided funding for the Exeter Home Treatment Team to pilot an e-bike scheme to facilitate community visits. Home Treatment Teams support people who are experiencing severe mental health issues and require crisis support in their own homes. Many of the team were already keen cyclists, and the electric assistance provided by the e-bikes persuaded other colleagues to adopt this mode of travel. E-bikes are both greener and better for staff health and wellbeing and there are fewer issues with parking!

Andrew Greer, Clinical Team Manager said:

“ Since having the e-bikes I have managed to use them a number of times. They are a great way to get about the city and, on occasions, travel time is greatly reduced. There is also the bonus of hills no longer being an issue. The bikes are great fun but serve a purpose of reducing our carbon footprint and improving health and wellbeing for staff ”



Staff Health and Wellbeing Lead

We funded the employment of the new Staff Health and Wellbeing Lead. The COVID-19 pandemic has taken a huge toll on many NHS staff and it is well-known that poor staff health and wellbeing affects the experience of those people using our services.

Llamas visit Franklyn Hospital

We gave funds for llamas to visit to visit Franklyn Hospital. Zoe Fischer, Occupational Therapy Assistant on Belvedere Ward said:

“ *The atmosphere on the ward that day felt different, there was a sense of excitement and anticipation in the air from staff as well as patients. The reaction from patients on Belvedere was unlike any I have seen before, nearly every patient wanted to see the llamas. Several patients several patients from Rougemont came across to visit too. Some people were mesmerised by their fur, soft and pillow like, so much so that a few patients laid their heads against the llamas’ sides. We hope to continue using charitable funds to provide a range of tools and experiences to patients that they would otherwise not have access to. We base these experiences on the interests and needs of our patient group, in order to provide to provide great patient-centred care.* ”



About our charity

The DPT Charity was established for the sole purpose of making the lives of people with mental health and learning disabilities better by enhancing the care provided by the NHS through Devon Partnership NHS Trust. Devon Partnership NHS Trust acts as the charity's Trustee.

The charity enables our staff to go the 'extra mile', by helping both adults and children with mental health and learning disability needs, providing something above and beyond what the NHS already funds. Crucially, during the COVID-19 pandemic, the charity has also provided support for staff wellbeing.

Our charity is funded by the donations we receive. This comes from a variety of different sources, including people who have previously used our services, their friends and family, members of our staff, the general public and through legacies.

Our objective is to give hope and support to those with mental health and learning disability needs across Devon. The funds raised make a huge difference to the people we care for above and beyond what the NHS is able to fund.

The charity raises funds to support projects in the following categories:

- Supporting people who use our services – including purchasing therapies or providing activities and services which are not usually offered by the NHS
- Supporting staff by improving facilities or contributing to their improved health and wellbeing
- Providing equipment that will enhance services, improve wellbeing or aid recovery
- Improving the environment of our inpatient wards and outpatient clinic rooms
- Supporting pioneering services by identifying and contributing to innovative, ground breaking clinical projects that are not currently funded by the NHS.



Caroline completed 2.2k at the Exmoor Open Water Swim

Fundraising

Celebrating our fundraisers

Despite the COVID-19 pandemic, it has been an active year for fundraising which has seen some incredible supporters raise money for the charity.

Here are some of our other fundraisers' fantastic achievements:

- Callum ran from Swindon to Torquay – a whopping 137 miles (221 km) to raise awareness of men's mental health.
- Katie and Debbie conquered the Three Peaks Challenge "because of the great work that the Trust does".
- 99-year old Elaine kayaked on the Exeter Canal to "show her love for the NHS".
- Lynsey took to the skies via a wing-walk "because of how hard staff have worked during the pandemic".
- Some of our staff took on a sea swim challenge to raise money for the DPT Charity's Little Something Fund.
- Caroline, having only recently discovered the health benefits of outdoor swimming, completed 2.2k at the Exmoor Open Water Swim to "make a difference to mental health".
- Ruth bravely faced a skydive because she "sees daily the difference mental health services make to people's lives and the tireless work that goes into supporting people in their recovery".

“ The overall response from the community this year with regards to fundraising and donations has been incredible. Their support means that we can take our care even further. ”

Tanya Barron
Chair of the Charitable Funds Committee



Callum ran from Swindon to Torquay – a whopping 137 miles (221 km) to raise awareness of men's mental health

Other sources of fundraising

Charity Lottery

We have teamed up with Your Charity Lottery to give anyone who wishes to enter the chance of winning 82 cash prizes every week. This includes a jackpot prize of £1,000 and rollover prize of up to £10,000.

From just £1 per week, people can play responsibly to make a difference to the lives of those people who use our mental health and learning disability services.

The Charity Lottery successfully hit its target to raise £3,000 in its first year.

Visit our website to find out how to join.

Grants

We were grateful to receive a £10,000 grant from the Community Fund from the National Lottery. This has been used to support a Community Perinatal Physical Health Project. Women will be introduced to external agencies in the community that can continue to provide the support to live a healthier lifestyle. They will join an online community group to create relationships and share experiences.

The educational materials provided by external agencies will be kept and uploaded onto an online platform so that all women using the service will be able to access these documents in the future. Supporting women when they commence medication, or trying to provide them early on in their treatment, will help to prevent the physical health inequalities experienced by this group of women.

NHS Charities Together

We are proud to be a member of NHS Charities Together, which has continued to provide support to our charity via grants, networking opportunities, training and campaigns. NHS Charities Together funding comes from public fundraising for the NHS in response to the COVID-19 pandemic.



NHS Charities Together has provided three stages of funding as follows:

- **Stage 1:** Our charity secured a total of £156,500 to support the immediate impact on staff and patients affected by COVID-19 in 20/21. This funding was allocated in full by the Charity in March 2022 and has supported over 100 requests from patients and staff across the Trust.
- **Stage 2:** The funds were provided as Community Grants, aimed at supporting the wider NHS and voluntary sector in responding to the COVID-19 and £534,693 was allocated for the Devon area. A Devon Charity Consortium was formed, led by Plymouth Hospital Charities. This also includes Royal Devon and Exeter Hospital, Torbay and South Devon NHS Foundation Trust, Northern Devon Healthcare Trusts and the Devon Partnership NHS Trust respective charities.
- **Stage 3:** This recovery grant is being used to support Devon Partnership NHS Trust's Wellbeing Programme, with a total allocation of £77,000. The money will be used to introduce a Head of Colleague Wellbeing post and fund Royal College of Psychiatrists Enjoying Work Collaborative programme in 2022/23.

Legacies

By leaving a gift to charity in your will, you can help us to create a better future for people with mental health and learning disability needs. Every kind of gift is hugely appreciated. Any gift in your will (no matter the size) can make a huge impact to our work.

This year, a legacy received for mental health services in the Torbay area supported our project delivered by Hospital Rooms (as described on page 4) who provided artworks for Salus, Beech and Haytor wards in Torbay.

During the year, another large legacy was received, with a value of £678,000. This has been bequeathed to St John's Court in Exmouth. St John's Court is home to two of our Community Mental Health Teams – one for adults of working age and another for older people.

Next steps for the DPT Charity

With your help, we want to grow our charity and support even more people in the years to come. In this coming year, we plan to:

- Create a new charity strategy to build for the future
- Launch a public fundraising appeal to revamp the outdoor space at Franklyn Hospital in Exeter (which is not currently accessible to all)
- Introduce even more ways in which donors can engage and support our charity, including more of our own events
- Focus on grant fundraising to support small, medium and high value requests.

While the COVID-19 pandemic has been a physical health emergency, it is also widely recognised as a mental health emergency. It has never been more important to look after our health and wellbeing. The success and engagement we have seen in the last year demonstrates how, with your help, we can make a real difference to those with mental health and learning disability needs.



99-year old Elaine kayaked on the Exeter Canal



Katie and Debbie conquered the Three Peaks Challenge

Finance Report

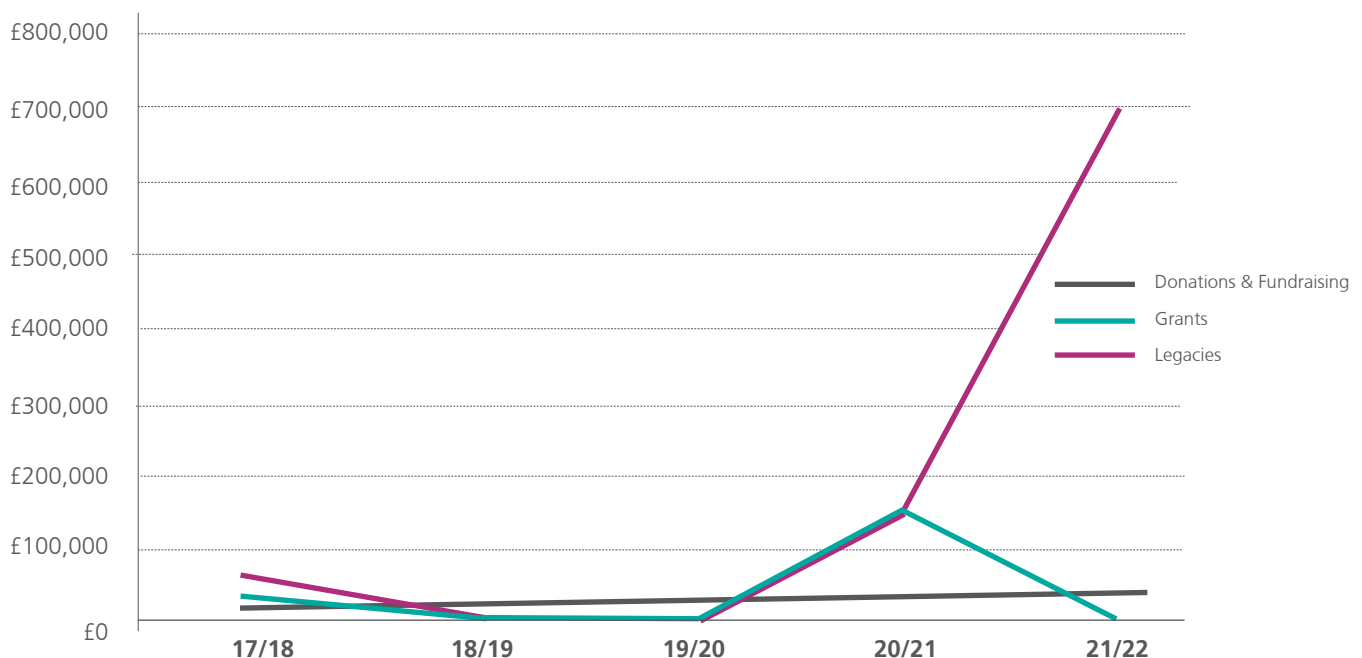
Income for the year ended 31 March 2022

In the 2021/22 financial year, the Charity had incoming resources of £748,000 made up of:

- £678,000 in legacy donated to St John's Court in Exmouth
- £15,000 from the remaining balance of the £114,000 profit received from the sale of a property investment bequeathed by legacy and added to the Torbay fund plus £2,500 in residual payment from the rest of the Estate
- £10,000 grant received from The National Lottery towards a Community Perinatal Physical Health Project
- £8,000 from NHS Charities Together towards stage three: COVID-19 Recovery (with future funds expected in 22/23).
- £34,000 was received through Just Giving and other donations.

The chart below shows a comparison of income for this year against the previous four years:

Income comparison



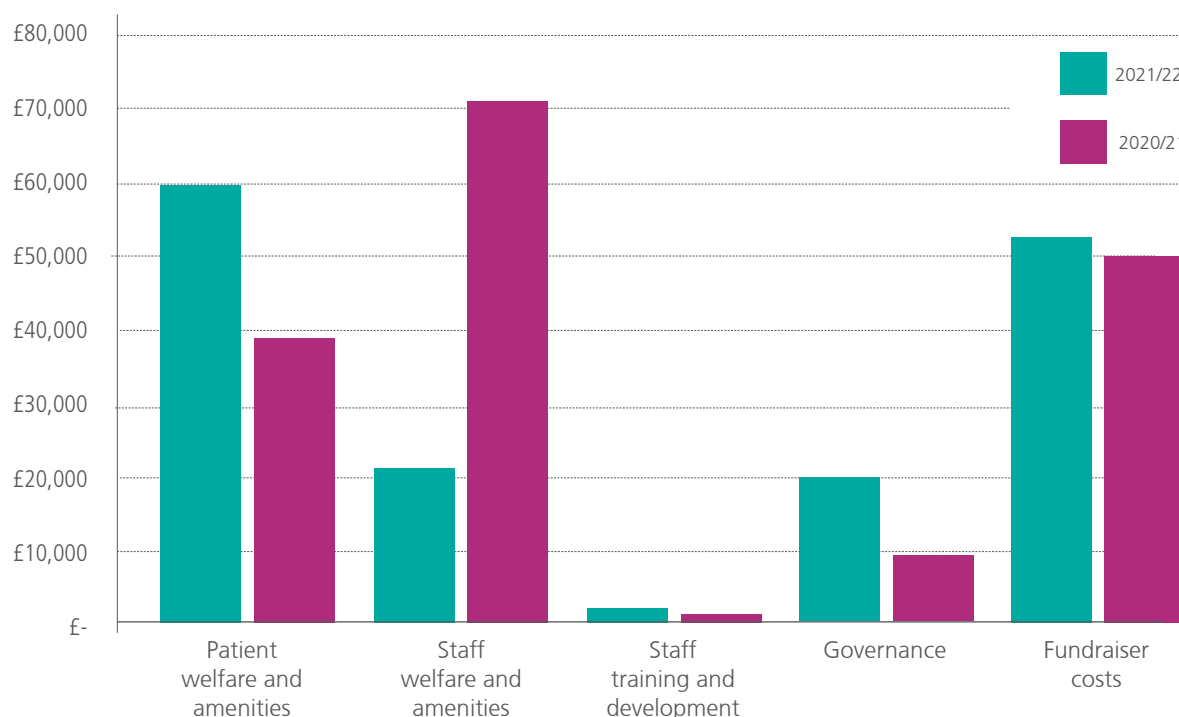
Expenditure for the year ended 31 March 2022

During 2021/22, the Charity spent £84,000 on charitable activities supporting patients' and staff welfare and amenities. Examples of which can be seen within 'How your donations and fundraising have helped people this year' section of this report.

Further to this, the Charity spent £20,000 on administration, governance and support costs. This included the Trust's administrative charge for services provided, a contribution to the NHS Charities Together membership and audit fees.

The chart below details a comparison of expenditure between 2020/21 and 2021/22. This shows an increase in patient welfare and amenities, as exposure of the charity continues to grow. It also shows a decrease in staff welfare and amenities following the usage of COVID-19 grants.

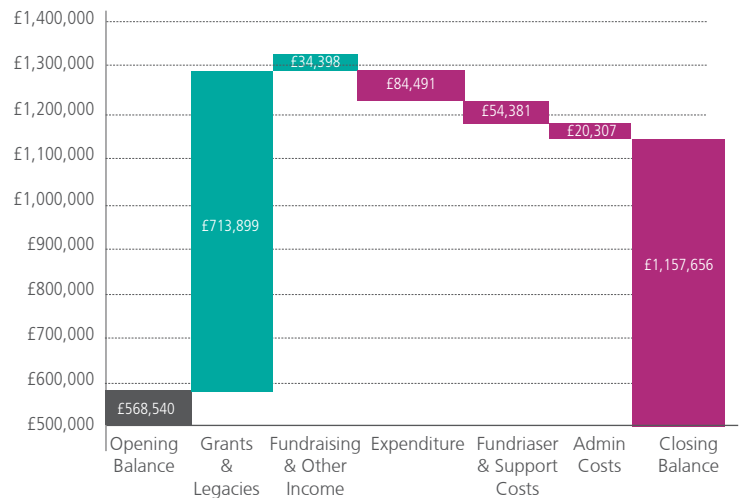
Analysis of expenditure



The Charity paid a balance of £206,000 to the Devon Partnership NHS Trust for transactions undertaken through the Trust accounts payable function. This included £5,000 for the statutory audit fee.

The Charity's income and expenditure for the year is displayed in the graph opposite.

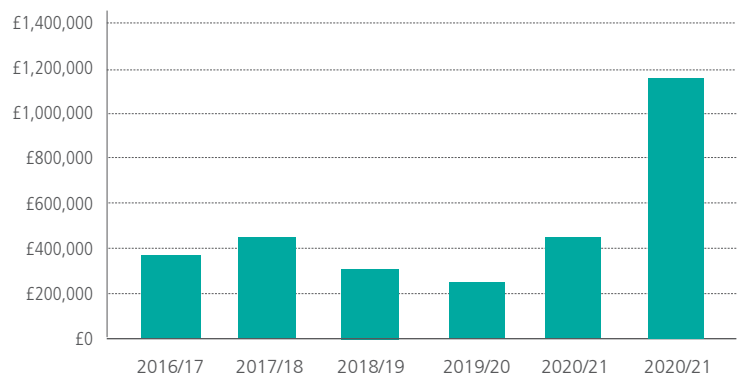
Charity Income and Expenditure 2021/22



Charity Fund balances

The Charity Fund balances on 31 March 2022 were £1.16 million, incorporating net income of £589,000 from the end of the 2021/22 financial year.

Fund Balances Year on Year



Structure, Governance and Management of the Charitable Funds

About the Charity

The Charity was created by Trust Deed on 25 June 1996, when it was named as the Exeter & District Community Health Service Charitable Funds. In February 2009, it was renamed Devon Primary Care Trust Charitable Fund and Other Related Charities. On 8 March 2013, the Charity was transferred to Devon Partnership NHS Trust, who assumed Corporate Trustee status from that date. The Charity was then renamed Devon Partnership NHS Trust Special Charity in April 2013. In April 2020, the decision was made to introduce a working name for the Charity. This was introduced via a COVID-19 Appeal in response to the pandemic. This was the DPT Charity.

Within the Charity are a number of earmarked (designated) funds relating to particular wards and departments. The Charity manages spend through Fund Managers for each Directorate, in accordance with agreed authorisation limits. Fund Managers for each of the designated funds manage these funds on a day-to-day basis, within the standing financial instructions, standing orders and powers of delegated authority set by the Corporate Trustee. The Trustee oversees the management of the funds and has the authority to amend a fund purpose or amalgamate funds under a de-minimise level.

The Corporate Trustee is Devon Partnership NHS Trust. The Executive Directors and Non-Executive Directors of the Trust Board share the responsibility to ensure that the NHS body fulfils its duties as Corporate Trustee when it manages the charitable funds. The Chairman and Non-Executive Directors are appointed by NHS England / Improvement. The Chief Executive and Executive Directors are appointed by the Board.

During the year, the Board of Devon Partnership NHS Trust on behalf of the Corporate Trustee, has delegated responsibility to manage the charitable funds to the Charitable Funds Committee. This Committee has delegated powers to appoint other committees as required, and set up a Fundraising Committee.

The Director of Corporate Affairs is responsible for the day-to-day management and control of the administration of the Charitable Fund. The Director of Corporate Affairs has particular responsibility to ensure that the spending is in accordance with the objectives and priorities agreed by the Charitable Funds Committee and the Board. These are that the criteria for spending the charitable monies are fully met; that full accounting records are maintained; and that devolved decision making or delegated arrangements are in accordance with the policies and procedures set out by the Board on behalf of the Corporate Trustee.

The Charitable Funds Committee is in place to co-ordinate the provision of assurance to the Board of Directors, that the funds are accounted for, deployed and invested in line with legal and statutory requirements. The Committee ensures the stewardship and effective management of funds which have been donated, bequeathed and given to the DPT Charity for charitable purposes. In addition, the Committee reviews the Charity's investment Strategy and ensures the investment of funds is ethical and compatible with the objective of improving health and healthcare, in accordance with its investment policy.

The Committee approves items of expenditure that exceed the delegated limits in accordance with the Terms of Reference.

Corporate Trustee

The Corporate Trustee for the DPT Charity is Devon Partnership NHS Trust.

The Non-Executive and Executive Directors who served Devon Partnership NHS Trust during the financial year ended 31 March 2021 are as follows:

Andy Willis	Chair Non-Executive Director
Melanie Walker	Chief Executive
Sue Smith	Chief Operating Officer
Laura Hobbs	Director of Corporate Affairs
David Somerfield	Medical Director (retired November 21)
Dr Peter Aitken	Interim Medical Director (seconded November 22)
Dr Colm Owens	Joint Interim Medical Director (appointed November 22)
Dr Jason Fee	Joint Interim Medical Director (appointed November 22)
Phill Mantay	Deputy CEO and Director of Finance
Chris Burford	Director of Nursing and Professions
David Smith	Interim Director of HR and Organisational Development (appointed December 21)
David Gebbie	Non-Executive Director (stepped down October 21)
Tanya Barron	Non-Executive Director
Terry Makewell	Non-Executive Director (stepped down February 22)
Gerry Marshall	Non-Executive Director
Ian Turner	Non-Executive Director
Martin Beaman	Non-Executive Director

Charitable Funds Committee

During the year ended 31 March 2022, the membership of the Charitable Funds Committee (CFC) was made up as follows:

David Gebbie	Non-Executive Director Chair – CFC Chair (stepped down October 21)
Terry Makewell	Non-Executive Director – CFC Chair (January 22 only)
Tanya Barron	Non-Executive Director – CFC Chair (commenced February 22)
Phill Mantay	Deputy CEO and Director of Finance – Executive Lead (stepped down January 22)
Laura Hobbs	Director of Corporate Affairs – Executive Lead (commenced January 2022)
Ian Turner	Non-Executive Director

Relationships with Related Parties/External Bodies

The DPT Charity maintains close links with staff and patients across the Trust in order to support service users and supplement staff training and development.

The Corporate Trustee is a member of the Health Financial Management Association (HFMA) and receives regular updates and bulletins on matters affecting NHS Charity funds from the HFMA Charitable Funds Special Interest Group.

The Charitable Funds Committee and Corporate Trustee are made up of Trust Board members of Devon Partnership NHS Trust. The business of the Charity is dealt with separately from that associated with exchequer funds, for which Trust Board members are also responsible. Declarations of personal interest are made at the start of each Committee meeting at Trust Board meeting. These are available for public inspection by application through Devon Partnership NHS Trust or via the Trust's website.

The Charity did not pay any expenses during the year to any member of the Devon Partnership NHS Trust Charity nor to any member of the Charitable Funds Committee. Members did not receive any honoraria or emoluments from charitable funds in the year either.

Trustee Induction and Training

All Charitable Funds Committee members can access external training, are guided by the Healthcare Financial Management Association charitable funds literature, receive updates on charitable funds and fundraising policy through Committee meetings and can access professional advice if considered appropriate.

Training material is available for new Executive and Non-Executive Directors on their responsibilities as Board members of the Corporate Trustee of DPT Charity. This will include an introduction to the objectives, scope and policies of the Charitable Funds and training more generally regarding NHS Charitable Funds.

Investment Policy and Performance

The Charity's investment powers are broad but subject to a restriction that no speculative or hazardous investments, specifically futures or traded options, are allowed.

The Charity reviews its investment decisions annually. Currently the approach is risk averse and includes placing monies on deposit for one year.

Reserves Policy

Following a review of the guidance set out in the Charity Commission booklet CC19, Charities' reserves, the Trustee has revised the Charity's reserve policy.

The Trustee has established a reserves policy as part of their plans to provide long term support to its associated NHS Trust for high-profile campaigns, and other planned expenditure.

The Trustee calculates the reserves as that part of the Charity's unrestricted income funds that is freely available after taking account of funds that have been earmarked for specific building or major equipment purchase. Unrestricted reserves at 31 March 2022 currently stand at £1.140m.

The trustees have no material recurring commitments for which it would be prudent to hold reserves against uncertainties.

Grant Making Policy

The Charity has issued restricted grants previously. Where relevant these are disclosed under 'Relationships with Related Parties/ External Bodies' section. The Charity has not paid any grants during 2021/22.

Risk Management Policy

The Corporate Trustee has drawn up a Risk Management Policy. This Policy details the process to be used in identifying risks and controls, assessing risks and evaluating the actions required. This information is consolidated onto a Risk Register.

The major risks, to which the Charity is exposed to have been reviewed and systems have been established to mitigate those risks. The Charitable Funds Committee on behalf of the Trustee has established review processes to review, monitor and mitigate these risks.

Charity name:

DPT Charity

Address: Wonford House
Dryden Road
Exeter
EX2 5AF**Email:** dpt.charity@nhs.net**Registration number:** 1056669**Finance Team**Amanda Woodward – Charitable Funds Accountant
Sophie Hudson – Assistant Charitable Funds Accountant**Fundraising Team**

Daniel Robson – Head of Fundraising

BankersBarclays Bank PLC
3 Bedford Street
Exeter
EX4 3LL**Independent examiners**Grant Thornton
2 Glass Wharf
Bristol
BS2 0EL

If you require this report in a different format or language please ask a member of our staff.

If you would like to provide feedback about our service please contact:

Patient Advice and Liaison Service (PALS)Devon Partnership NHS Trust
Franklyn House
Franklyn Drive
Exeter, EX2 9HS**t:** 01392 675 686**e:** dpn-tr.pals@nhs.net**www.dpt.nhs.uk/charity**